

First Aid Merit Badge

This merit is for any scout who does not First Aid Merit Badge, no age requirement.

The merit badge start Monday Feb 20 and continue for 5-6 weeks at 6:00 pm in Room at TBC

Bring your Scout Handbook, First Aid Merit Badge Book, and a copy of the study guide attached to this message.

For any scout who is not Second Class, they will need to make a personnel first aid kit, Requirement 6b.

All scouts will need to make a Home First Aid, Requirement 2b.

I have latex gloves, mouth-barrier device for rescue breathing or CPR, and plastic goggles for sale.

Any question, contact Mike Reisinger, mj1234r@sbcglobal.net or 972-907-8949

First Aid

Eagle Required Merit Badge

You may use this guideline or create your own. You can use this guide in taking note during the classes. Always keep track of your work in your Scout Merit Badge Notebook. You will need the information for possible Eagle requirements for other merit badges and for your projects. The pages numbers refer to The Boy Scout Handbook (BSH) or the Merit Badge Pamphlet (MBP).

#1. Satisfy your counselor that you have current knowledge of all first aid requirements for Tenderfoot, Second Class, and First Class ranks.

A. Tenderfoot

12a. Demonstrate the Heimlich maneuver and tell when it is used. Pp 296-97 BSH

12b. Show first aid for the following:

A. Simple cut or scratches - P 304 BSH _____

B. Blisters on the hand or foot - P 308 BSH _____

C. Minor burns or scalds (first degree) - P 306 BSH _____

D. Bites or stings of insects and ticks - P 310 BSH _____

E. Poisonous snakebite – P 312-13 BSH _____

F. Nosebleed – P 306 BSH _____

G. Frostbite and sunburn – P 307, 324 BSH _____

B. Second Class

6a. Show what to do for “hurry” cases of stopped breathing, serious bleeding,, and internal poisoning.
Pp 293-96, 299-301, 302 BSH

6b. Prepare a personal first aid kit to take with you on a hike. Pp 289 BSH (Latex gloves and Mouth-barrier device for rescue breathing or CPR will be available to purchase in the class)

- 6 – Adhesive bandages
- 2 – Sterile gauze pads, 3-by-3 inch
- small roll – Adhesive tape
- 3-by-6 inch – Moleskin
- small bar – soap
- small tube – Antiseptic ointment
- scissor
- Latex gloves
- Mouth-barrier device for rescue breathing or CPR
- Plastic goggles or other eye protection
- Pencil and Paper

6c. Demonstrate first aid for the following:

A. Object in the eye – P 314 BSH _____

B. Bite of a suspected rabid animal – P 312 BSH _____

C. Puncture wounds from splinter, nail, and fishhook – P 305 BSH _____

D. Serious burns (second degree) – P 306 BSH _____

E. Shock – P 303 BSH _____

F. Heatstroke – P 320 BSH _____

Dehydration – P 321 BSH _____

Hypothermia – P 323 BSH _____

Hyperventilation – P 314 BSH _____

C. First Class

8a. Demonstrate tying the bowline knot and describe several ways it can be used. Pp 148-149 BSH

8b. Demonstrate bandages for a sprained ankle and for injuries on the head, the upper arm, and the collarbone. Pp. 309, 316-17 BSH

8c. Show how to transport by yourself, and with one other person, a person

- From a smoke filled room P 326 BSH _____
- With a sprained ankle, for at least 25 yards Pp 326-27 BSH

8d. Tell the five common signs of a heart attack. Explain the steps (procedures) in cardiopulmonary resuscitation (CPR). Pp 294-5, 298 BSH

1. _____
2. _____
3. _____
4. _____
5. _____

CPR

#2. Do the following:

a. **Explain how you would obtain emergency medical assistance from home,** _____

On a wilderness camping trip, _____

During an activity on open water. _____

b. **Prepare a first aid kit for your home. Display and discuss its contents with your counselor. – P 93 MBP Listed are the items on page 93 with some comments.**

2 – 2 inch roller bandages – gauze type

2 – 1 inch roller bandages – gauze type

1 - Roll 1 inch adhesive tape – or similar tape

12 – 3-by-3 inch sterile pads – can be 4-by-4 inch

Large box assorted adhesive bandages

6 – Elastic bandages, 3-6 inches wide – 2 different sizes is sufficient

Thermometer – Glass mercury not the best, The temperature strips will be fine

Scissors – small

Tweezers – for splinter removal

Safety pins – about a dozen various sizes

One set thin board splint, 30 inches long – can be shorter 12-16 inches, i.e. paint stirrers

One box alcohol swabs – at least a dozen

Calamine lotion

Two pairs latex gloves – these are in addition to those in your personal first aid kit

Antiseptic – ointment

Eye goggles

#3. Do the following:

a. **Explain what action you should take for someone who shows signs of a heart attack. P 30 BMP**

b. Identify the conditions that must exist before performing CPR on a person. P 7-9 MBP

c. Demonstrate proper technique in performing CPR on an adult manikin for 3 minutes.P 10-27 MBP

d. Show the steps that need to be taken for someone suffering from a severe laceration on the leg and on the wrist. Tell the dangers in the use of a tourniquet and the condition under which its use is justified. P 30-32 MBP

e. Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid. P 69-70 MBP

f. Explain the symptoms of heat stroke and what action needs to be taken for first aid and prevention. P76-77 MBP

#4. Do the following:

a. Describe the signs of a broken bone. Show first aid procedures for handling fractures, including open (compound) fractures of the forearm, wrist, upper leg, and lower leg using improvised materials. P 36-51 MBP

b. Describe the symptoms and possible complications and demonstrate proper procedures for treating suspected injuries to the back, neck, and head. Explain what measures can be taken to reduce the possibility of further complicating these injuries. P. 40-41 MBP

#5. Describe the symptoms, proper first aid, and possible prevention measures for the following conditions:

a. Hypothermia P 75-76 MBP _____

b. Convulsions P 81-82 MBP _____

c. Frostbite P 74-75 MBP _____

d. Bruises, strains, sprains P 41-42, 57 MBP _____

e. Burns P 58-59 MBP _____

f. Abdominal pain P 87-88 MBP _____

g. Broken, chipped, or loosened tooth P 90-91 MBP _____

h. Knocked out tooth P 90-91 MBP _____

i. Muscle Cramps P 78 MBP _____

#6. Do the following:

a. If a sick or injured person must be moved, tell how you would determine the best method. P 44-51 MBP

b. With helpers under your supervision, improvise a stretcher and move a presumably unconscious person. P 44-51 MBP

#7. Teach another Scout a first aid skill selected by your counselor.